

Discharge Information

YTTRIUM-90 TRANS-CATHETER LIVER CANCER THERAPY INTERVENTIONAL RADIOLOGY

ACTIVITY and DIET

- Normal daily activity can be resumed, but **avoid rigorous activities for one week**. You may be more fatigued than usual and this may peak at 7-14 days following treatment.
- If you are discharged with a groin dressing you may remove it in 48 hours.
- Resume all your prior medications
- Resume your previous diet

Contact Precautions

- No travel on public transportation for one week
- Do not sleep in the same bed with your partner for one week
- No close contact with children or pregnant women for one week. It is not advisable to hold your children for one week.
- Limit close contact with adults to a few minutes for one week.
- For prolonged period of close contact keep a six foot distance for the first three days.

SYMPTOMS MANAGEMENT

- Some mild discomfort may be present for several days after the procedure
- Take Ibuprofen 400 mg (Motrin, Advil) every 6 hours, as needed for soreness
- You may take previously prescribed oral pain medications
- Continue taking your Prevacid (Omeprazole) or other anti-ulcer medicine for 30 days

WHAT TO EXPECT AFTER THE PROCEDURE

- Bruising and soreness at the groin access site for the angiogram
- Elevated temperature, but less than 101.0F
- Muscle aches and fatigue
- Poor appetite

FOLLOW-UP CARE

- Schedule a follow-up appointment with your oncologist within 14 days
- You may follow up with Interventional Radiology in 7-14 days
- You may require another treatment as determined by the location of your liver cancer
- Follow-up imaging (CT, MRI, or PET) is mandatory 1,3,6,9, and 12 months following therapy and will be coordinated with your doctors

WHEN TO CALL

- Fever greater than 101.5 or chills
- Nausea and vomiting
- Groin swelling

If you experience any of these problems, please call your oncologist or liver doctor. The Interventional Radiology Department may be reached at 503-413-7127. Ask them to page the Interventional Radiologist on-call. The Legacy Good Samaritan Hospital Emergency Room is also available 24 hours a day.