

## *Y-90 Planning Arteriogram and Shunt Study*

### WHAT HAS BEEN PERFORMED?

- ◆ You have undergone an evaluation of your liver and bowel blood vessels to plan for possible treatment with Y-90 spheres
- ◆ Several blood vessels may have been coiled (plugged-up permanently) to prepare you for future therapy
- ◆ A liver to lung shunt study has also been performed
- ◆ Your Interventional Radiologist will use this information to plan therapy

### SEDATION

- ◆ The sedation you received for your procedure is still in your system. Therefore, we would like you to take it easy the rest of the day and evening. Do not drive and avoid drinking alcohol.)

### ACTIVITY

- ◆ You may resume your regular activities, including driving in 24 hours, unless you have been restricted for another reason.
- ◆ No exercising, lifting heavy objects, or strenuous activity for the next 24 hours.
- ◆ You may shower tomorrow.
- ◆ If you take Glucophage, do not take it for two days after the angiogram. On the third day, start again as prescribed.
- ◆ Resume your other medications as prescribed

### PAIN MANAGEMENT

- ◆ You may use over the counter medications such as Acetaminophen (Tylenol) or Ibuprofen (Advil or Motrin) for minor discomfort, if you are not otherwise restricted from taking these medicines.

### CARE OF YOUR PUNCTURE SITE

- ◆ You will have a small bandage over the site. There may be tenderness and bruising at the site for up to a week.
- ◆ Avoid driving for 24 hours.
- ◆ Avoid hot bath for at least 12 hours.
- ◆ You may remove the bandage the following day.
- ◆ Keep the site clean.

### WHEN TO CALL YOUR PHYSICIAN

- ◆ Swelling at the puncture site
- ◆ Difficulty or inability to urinate
- ◆ Bleeding; if this should begin after you return home, you should lie down. Apply pressure to the site where the catheter was and have someone call your doctor right away.

If you experience any of these problems, please call your doctor or the Interventional Radiology Department at 503-413-7127 and ask them to page the Interventional Radiologist on-call. The Legacy Good Samaritan Hospital Emergency Room is also available 24 hours a day at 503-413-7260.