

## *Venous Intervention*

# Discharge Information

### SEDATION

- If you received sedation, the sedation you received during your procedure is still in your system. Therefore, we would like you to take it easy the rest of the day and evening. Do not drive and avoid drinking alcohol.

### ACTIVITY

- You may resume your regular activities, including driving in 24 hours, unless you have been restricted for another reason.
- No exercising, lifting heavy objects or strenuous activity for the next 24 hours.
- You may shower tomorrow.
- If you take Glucophage. (Metformin) do not take it for 2 days after the procedure. On the third day, start again as prescribed.

### PAIN MANAGEMENT

- You may use over the counter medications such as Acetaminophen (Tylenol) or Ibuprofen (Advil or Motrin) for minor discomfort, if you are not otherwise restricted from taking these medicines.

### CARE OF YOUR PUNCTURE SITE

- You may remove the bandage the following day
- Avoid a hot bath for at least 24 hours
- Keep the site clean and dry

For questions, please call your general doctor or surgeon. You may also call the Interventional Radiology Department at 503-413-7127 and ask for the Interventional Radiologist on call.