

## Vertebral Augmentation (Kyphoplasty)

### PROCEDURE

You have had a spinal compression fracture treated by needle injection of glue into the fracture.

### SEDATION

- ◆ The sedation or anesthesia you received for your procedure is still in your system. Therefore, we would like you to take it easy the rest of the day and evening. Do not drive and avoid drinking alcohol.

### ACTIVITY

- ◆ You may resume your regular activities, including driving in 24 hours, unless you have been restricted for another reason.
- ◆ No exercising, lifting heavy objects, or strenuous activity for the next 24 hours.
- ◆ You may shower tomorrow.
- ◆ Resume your other medications as prescribed

### PAIN MANAGEMENT

- ◆ You may use over the counter medications such as Acetaminophen (Tylenol) or Ibuprofen (Advil or Motrin) for minor discomfort, if you are not otherwise restricted from taking these medicines.

### CARE OF YOUR PUNCTURE SITE

- ◆ You will have a small bandage over the site on your back. There may be tenderness and bruising at the site for up to a week.
- ◆ Avoid driving for 24 hours.
- ◆ Avoid hot bath for at least 12 hours.
- ◆ You may remove the bandage the following day.
- ◆ Keep the site clean.

### WHEN TO CALL YOUR PHYSICIAN

- ◆ Swelling at the puncture site
- ◆ Fever
- ◆ Severe Pain

If you experience any of these problems, please call your doctor or the Interventional Radiology Department at 503-413-7127 and ask them to page the Interventional Radiologist on-call. The Legacy Good Samaritan Hospital Emergency Room is also available 24 hours a day at 503-413-7260.