

Chest or Arm Port

Discharge Information

SEDATION

- The sedation you received for your procedure is still in your system. Therefore, we would like you to take it easy the rest of the day and evening. Do not drive and avoid drinking alcohol.

ACTIVITY

- You may resume your regular activities, including driving in 24 hours.
- No exercising, lifting heavy objects, or strenuous activity for the next 7 days.
- No swimming for 14 days.

PAIN MANAGEMENT

- You may use over the counter medications such as Tylenol or Advil for minor discomfort.

CARE OF YOUR PORT *(check one)*

- Your wound is held together by paper strips. No showers for the first two days.

Starting on the third day you may take the dressing off and shower. Leave the paper strips in place and allow to fall off on their own. No dressings are needed.

- Your wound is held together by SUTURES. No showers for the first two days.

Starting on the third day you may take the dressing off and shower. Apply a dressing to the incision each day until the sutures are removed in 7-10 days. If the port is accessed with a needle, do not change the dressing over the needle.

Call your primary care physician for suture removal in 7 – 10 days.

WHEN TO CALL YOUR PHYSICIAN

- Fever and chills
- Swelling or severe pain in the arm on the side of the port
- Bleeding, redness, drainage or swelling at or around the port

If you experience any of these problems, please call the Interventional Radiology Department at 503-413-7127 and ask them to page the Interventional Radiologist on-call. The Legacy Good Samaritan Hospital Emergency Room is also available 24 hours a day at 503-413-7260.

When the port is not in regular use, it needs to be flushed once a month by your physician or nurse. If your port needs to be accessed for blood work or infusions, please ask your physician to call the Legacy Infusion Services at 503-413-2899.